

Deadly Sins

AN ALL TO HIM SERMON SERIES

GROUP DISCUSSION GUIDE

WEEK 3: ANGER

SERIES OVERVIEW

Sin doesn't just make you bad- it leaves you dead. These seven sins are subtle, seductive, and deadly, and the enemy uses them to rob you of the life God intends. In this series, we're going to call these sins what they are, drag them into the light and learn how to kill them by the power of the Holy Spirit.

CONTEXT

In Ephesians 4:25-32, Paul instructs believers to put away falsehood and speak truthfully, to manage their anger without sinning, and to avoid giving the devil a foothold. He also encourages honest work, gracious speech, and emphasizes kindness, tenderheartedness, and forgiveness as essential virtues reflective of God's grace.

THE BIG IDEA

Unchecked anger destroys you and others. Be slow to anger and quick to forgive.

ICE BREAKER

What are 1 or 2 injustices in our community, country or world that God has shown you his righteous anger towards and has called you to join him. What is 1 step you can take to seek justice and make a difference?

SCRIPTURE: Ephesians 4:25-32

25 Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. 26 Be angry and do not sin; do not let the sun go down on your anger, 27 and give no opportunity to the devil. 28 Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. 29 Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. 30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. 31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. 32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Deadly Sins

AN ALL TO HIM SERMON SERIES

GROUP DISCUSSION GUIDE

GROUP DISCUSSION

What is one thing that stood out to you from the sermon and why do you think God wants you to remember this truth?

Read Ephesians 4: 25-27. Because verse 25 begins with "Therefore", read verses 20-24 for context. How does the fact that, if we know Jesus we are not who we used to be, apply to verse 26?

Using Jesus as an example, what is the difference between righteous anger and unrighteous anger? Share an example of unrighteous anger in your own life and what made it unrighteous.

Quote from sermon: *"Wrath is a fire—a quick fire needing fuel. Do not supply fuel to the fire, and you have quickly extinguished the evil. Anger has no power in itself, it needs another to feed it; and so for you there is no excuse."* – John Chrysostom. Discuss the relevance of the quote as it relates to verse 26. What is in us that causes our first response to sinful anger to be to feed it instead of extinguish it?

How does James 1:19-20 address unrighteous anger and how does it relate to verses 25-27?

Read verses 28-30 and discuss how our anger is expressed in stealing, our speech and the Holy Spirit. Which one of these do you struggle with the most in context to the sermon and verses 28-30?

Discussion continued: According to verses 31-32, what does Paul want us to remove from our lives to get rid of unrighteous anger and what does he want us to replace them with? Share what you need God to remove and replace when it comes to your anger.

What does Ephesians 4:25-32 teach us about who God is and His character?

PRAYER (In gender based groups)

*Share praises, answered prayers, and prayer requests. Confess area(s) in your life where you need God to help you in your sinful/unrighteous anger. Pray for each other.

Closing Prayer(come back together as a group)
God, thank you that your grace is sufficient. We humbly confess that we need you and each other to extinguish sinful anger in our lives instead of feeding it. God, show us what angers you and attune our hearts to your righteous anger. We are so grateful that as we draw near to you, you draw near to us. We pray that our ONES will experience your pursuit of them and respond with giving their all to You. In Jesus name, Amen.